

## **INSTRUCTIONS FOR EYELID SURGERY PATIENTS - DR WENG NG**

### Post Surgical Care

- After surgery, you should remove the dressing yourself the next morning.
- Following removal of dressing, use ice pack or frozen pea on your wound four (4) times a day, each time 20 minutes as tolerated for the first two (2) days.
- Apply **Chlorsig** ointment to your wound four (4) times a day until review.

### Tablets

- Take two (2) **Panadol (Paracetamol)** tablets 3-4 times a day in the first three (3) days.
- You may also take **Nurofen** if you do not have a history of stomach ulcer, asthma or kidney disease.
- Oral antibiotic is rarely prescribed.

### Activity

- You can wash your face and hair two (2) days after surgery.
- No heavy lifting, strenuous exercise or rubbing on the wound for two (2) weeks.

Please contact me on my mobile 0402 757 296 or Brisbane Eye Clinic 3832 1700 if any of the following occurs after surgery;

1. Pain not relieved by the above pain medication
2. Increasing swelling or redness around the wound
3. Significant bleeding from the wound
4. Any other significant concern regarding your eye that had surgery