

INSTRUCTIONS FOR CATARACT SURGERY PATIENTS

DR WENG NG

Eye Drops

- After surgery, leave the dressing on until it is removed the next day by me or your optometrist.
- Then use **Tobrex** and **Prednefrin Forte** four times a day, until I see you again.
- You can take Panadol (Paracetamol) if your eye is uncomfortable.
- Wear **Eye Shield** to sleep in the first week after surgery.

Activity

- No strenuous exercise or heavy lifting for one (1) week.
- Do not rub your eye at all for the first four (4) weeks. Only gentle rubbing is allowed after that.
- You can wash your face and hair two (2) days after surgery.
- **No driving** until I have instructed you to do so.

Please contact me on my mobile (0402 757 296) or Brisbane Eye Clinic (ph: 3832 1700) if any of the following occurs after surgery:

1. Eye pain not relieved by Paracetamol (Panadol);
2. Vision becomes worse compared to the first day after surgery;
3. Seeing flashing lights, floaters or a shadow that increases in size; or
4. Any other significant concern regarding your eye that had surgery.